

Getting to 'Y' 2018-2019

Actions taken by GTY teams as of May 2019:

- High school team proposed Restorative Practices and Restorative Justice work to the administration.
- High school team shared YRBS data with high school health class and led a game they created to create dialogue and share facts on safer sex. They also presented this at a high school wide Unity Day.
- Middle and high school team began planning for a peer support group.
- Middle and high school team advocated for increased dialogue, training, and education for adults and youth on mental health, wellness, and substance use.
- Middle and high school team are reviewing the process to start a mentoring program.
- High school team designed an informational sheet about sexually transmitted infections and how to get tested and put copies in all school restrooms.
- High school team is setting up a training for adults on how to work better with diverse groups such as LGBTQ youth.
- Middle school team created Restorative Circle scripts based on the subject of equality, equity and why you matter, which will be used in advisories throughout the school.
- High school team hosted a teen mental health and resilience speaker for parents and community.
- High school team worked with National Honor Society to create a food shelf within the school.
- Middle school team attended the U-Matter for Youth Mental Health Training, Youth Advocacy Council Training, and Youth Summit.
- Middle school team and principal began weekly announcements to parents and community to highlight fact about their YRBS areas of strength and concern.
- Middle school team posted dangers of vaping around the school.
- Middle school team, guidance and principal are planning a monthly calendar of events to post around the school, highlighting prevention, assets and healthy choices.
- Based on the GTY concerns, a middle school held school wide presentation, classes and parent evening focused on bullying prevention.
- Middle school team began work with their local mental health agency to train students as Peer Counselors and to implement mental health screening days at school.

- Middle school team are partnering with UVM Medical School to create a student led education, prevention and intervention program on anti-bullying and positive mental health support.
- Middle school team sent home a contract to have family discussions around alcohol use and to lock up alcohol at home.
- High school team conducted random acts of kindness initiative.
- High school team did a bathroom beautification project, so the bathrooms are a place where students can feel uplifted and positively about themselves.
- Middle school team attended the VAMLE Bullying Conference.
- High school team attended Dismantling Rape Culture Conference.
- Middle and high school team implemented a Ghost Out.
- Middle and high school team surveyed peers about access to drugs and alcohol.
- Middle and high school team connected with the #AskableAdults Program.
- Middle and high school team had educational meetings with Circle and the Sexual Assault Crisis Team and plan continued collaboration.
- Middle school team hosted education evening around vaping with the VT Department of Health.
- Middle school team created an informational brochure and educational posters on vaping.
- High school team coordinated a workshop for all 8th grade students in their SU where the Sheriff's Department Child Advocacy Team addressed healthy boundaries and relationships and covered sexting and its legal ramifications.