

IC&RC Peer Recovery Domains and Tasks

Domain 1: Advocacy

- I1 Relate to the individual as an advocate.
- I2 Advocate within systems to promote person-centered recovery/wellness support services.
- I3 Describe the individual's rights and responsibilities.
- I4 Apply the principles of individual choice and self-determination.
- I5 Explain importance of self-advocacy as a component of recovery/wellness.
- I6 Recognize and use person-centered language.
- I7 Practice effective communication skills.
- I8 Differentiate between the types and levels of advocacy.
- I9 Collaborate with individual to identify, link, and coordinate choices with resources.
- I10 Advocate for multiple pathways to recovery/wellness.
- I11 Recognize the importance of a holistic (e.g., mind, body, spirit, environment) approach to recovery/wellness.

Domain 2: Ethical Responsibility

- II1 Recognize risk indicators that may affect the individual's welfare and safety.
- II2 Respond to personal risk indicators to assure welfare and safety.
- II3 Communicate to support network personal issues that impact ability to perform job duties .
- II4 Report suspicions of abuse or neglect to appropriate authority.
- II5 Evaluate the individual's satisfaction with their progress toward recovery/wellness goals.
- II6 Maintain documentation and collect data as required.
- II7 Adhere to responsibilities and limits of the role.
- II8 Apply fundamentals of cultural competency.
- II9 Recognize and adhere to the rules of confidentiality.
- II10 Recognize and maintain professional and personal boundaries.
- II11 Recognize and address personal and institutional biases and behaviors.
- II12 Maintain current, accurate knowledge of trends and issues related to wellness and recovery.
- II13 Recognize various crisis and emergency situations.
- II14 Use organizational/departmental chain of command to address or resolve issues.
- II15 Practice non-judgmental behavior.

Domain 3: Mentoring and Education

- III1 Serve as a role model for an individual.
- III2 Recognize the importance of self-care.
- III3 Establish and maintain a peer relationship rather than a hierarchical relationship.
- III4 Educate through shared experiences.
- III5 Support the development of healthy behavior that is based on choice.
- III6 Describe the skills needed to self-advocate.
- III7 Assist the individual in identifying and establishing positive relationships.
- III8 Establish a respectful, trusting relationship with the individual.
- III9 Demonstrate consistency by supporting individuals during ordinary and extraordinary times.
- III10 Support the development of effective communication skills.
- III11 Support the development of conflict resolution skills.
- III12 Support the development of problem-solving skills.
- III13 Apply principles of empowerment.
- III14 Provide resource linkage to community supports and professional services.

Domain 4: Recovery/Wellness Support

- IV1 Assist the individual with setting goals.
- IV2 Recognize that there are multiple pathways to recovery/wellness.
- IV3 Contribute to the individual's recovery/wellness team(s).
- IV4 Assist the individual to identify and build on their strengths and resiliencies.
- IV5 Apply effective coaching techniques such as Motivational Interviewing.
- IV6 Recognize the stages of change.
- IV7 Recognize the stages of recovery/wellness.
- IV8 Recognize signs of distress.
- IV9 Develop tools for effective outreach and continued support.
- IV10 Assist the individual in identifying support systems.
- IV11 Practice a strengths-based approach to recovery/wellness.
- IV12 Assist the individual in identifying basic needs.
- IV13 Apply basic supportive group facilitation techniques.
- IV14 Recognize and understand the impact of trauma.