



Addressing
Alcohol & Drug
Misuse in NH

NH DEPT. OF HEALTH AND HUMAN SERVICES

NHBDAS

BUREAU OF DRUG AND ALCOHOL SERVICES

Promoting Prevention and Recovery

Community of Practice Kick-Off Webinar: *Understanding and Using ASAM Criteria in Substance Use Disorder Treatment Planning*

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Objectives

- Understand goals of the American Society of Addiction Medicine (ASAM) criteria Community of Practice (CoP) and training and technical assistance (TA) opportunities available
- Understand what, why and how to use ASAM criteria effectively to determine appropriate level of care, to individualize treatment and to reassess care for patients with a substance use disorder (SUD)
- Identify issues and concerns relative to the use of ASAM criteria and information needed in an effort to increase knowledge and skills

What is a Community of Practice (CoP)?

- A CoP is a group that is created with the goal of gaining knowledge and sharing information and experiences related to a specific topic.
- This CoP will be focused on bringing together substance use disorder treatment organizations, private clinicians and other providers to better understand effective use of ASAM criteria to determine appropriate level of care, to individualize treatment and to reassess care for patients with a substance use disorder (SUD).

Participants

- **137 Participants**

- 29 SUD Organizations (BDAS-contracted treatment agencies, private organizations, opioid treatment programs, private clinicians)
- 3 Hospitals
- 2 Community Health Centers
- 2 Community Mental Health Centers
- 7 Payers
- 5 Out-of-State Participants
- 12 Other Participants
- 16 LADCs
- 28 MLADCs
- 16 LICSWs
- 17 LCMHCs

Learning Opportunities

- Over the next several months, providers will have the opportunity to receive and engage in:
 - *Resources and Tools*
 - *Webinars*
 - *In-Person Meetings*
 - *Group Calls*
 - *Discussion Forum*
 - *Individual TA (in-person and phone)*

Training & Technical Assistance

- Concerns, issues, and topics of interest identified during this webinar will be used to plan future training and other learning opportunities.
- TA may be requested at any point during this initiative:
 - Submit a request by visiting the NH Center for Excellence website at <http://www.nhcenterforexcellence.org/request-assistance/nh-center-for-excellence> OR
 - E-mail Rekha Sreedhara at rsreedhara@jsi.com

What, Why and How to Use ASAM Criteria

To access overview document, templates, and examples visit:

<http://www.nhcenterforexcellence.org/component/k2/item/188-communities-of-practice>

What is ASAM Criteria?

Six-dimension framework used to collect substantive information from patients to determine an appropriate level of care that encourages patient-centered, holistic treatment services to meet the diverse needs of each individual.

AT A GLANCE: THE SIX DIMENSIONS OF MULTIDIMENSIONAL ASSESSMENT		
ASAM's criteria uses six dimensions to create a holistic, biopsychosocial assessment of an individual to be used for service planning and treatment across all services and levels of care. The six dimensions are:		
1	DIMENSION 1	Acute Intoxication and/or Withdrawal Potential Exploring an individual's past and current experiences of substance use and withdrawal
2	DIMENSION 2	Biomedical Conditions and Complications Exploring an individual's health history and current physical condition
3	DIMENSION 3	Emotional, Behavioral, or Cognitive Conditions and Complications Exploring an individual's thoughts, emotions, and mental health issues
4	DIMENSION 4	Readiness to Change Exploring an individual's readiness and interest in changing
5	DIMENSION 5	Relapse, Continued Use, or Continued Problem Potential Exploring an individual's unique relationship with relapse or continued use or problems
6	DIMENSION 6	Recovery/Living Environment Exploring an individual's recovery or living situation, and the surrounding people, places, and things

Why Should ASAM Criteria Be Used?

- To evaluate patient needs on an on-going basis
- To determine appropriate level of care
- To individualize treatment
- To create a treatment plan that is client- and outcome-driven
- To meet insurance requirements for reimbursement

How Should ASAM Criteria Be Used?

STEP 1: *Conduct Evaluation*

- Identify assessment tools (e.g. Addiction Severity Index)
- Gather patient information (tool 1)
- Rate each dimension (tool 2)

Rating	Severity Terms	Presentation of Severity
4	Highest severity level	Patient presents with critical impairment in coping and functioning, with signs and symptoms, indicating an "imminent danger" concern.
3	Serious issue or difficulty coping with a given dimension	Patient presents in or near "imminent danger".
2	Moderate difficulty in functioning	Patient presents with moderate impairment, or somewhat persistent chronic issues; however, relevant skills, or support systems may be present.
1	Mildly difficult issue, or present minor signs and symptoms	Any existing chronic issue or problems would be able to be resolved in a short period of time.
0	Non-issue or very low risk issue	Patient presents no current risk and any chronic issues would be mostly or entirely stabilized.

How Should ASAM Criteria Be Used?

Step 2: Determine Level of Care

Levels of Care	
LEVEL .05	Early Intervention
LEVEL 1	Outpatient Services
LEVEL 1	Opioid Treatment Program
LEVEL 2.1	Intensive Outpatient
LEVEL 2.5	Partial Hospitalization Services
LEVEL 3.1	Clinically Managed Low Intensity Residential
LEVEL 3.3	Clinically Managed Population-Specific High Intensity Residential
LEVEL 3.5	Clinically Managed High Intensity Residential
LEVEL 3.7	Medically Monitored Intensive Inpatient Services
LEVEL 4	Medically Managed Intensive Inpatient Services
LEVELS 1-3.2, 3.7 and 4	Withdrawal Management Levels

How Should ASAM Criteria Be Used?

- **STEP 3:** Develop Treatment Plan Using ASAM Criteria
- **STEP 4:** Routinely Reassess Level of Care (tools 3, 4, 5)
 - Reassess to support decisions relative to treatment efficacy, progress toward recovery goals, and appropriate changes in level of care considering continuing service at a current level of care or in transferring a patient to a higher, lower, or different treatment modality.

APPLICATION OF TOOLS



QUESTIONS?

CoP Planning

- What information is needed in an effort to increase your knowledge and skills to determine appropriate level of care, to individualize treatment and to reassess care for patients with a substance use disorder (SUD)?
- What issues and concerns are you experiencing relative to the use of ASAM criteria?



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Thank you!

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