

# Welcome!

- This session will be recorded.
- If your first and last name is not listed on your screen, please right click on the information listed to edit to include your full name.
- Enable your video. If you need to step away temporarily, please turn off your video.
- You will be muted upon entry.
- To ask a question or to make a comment, please use the “raise hand” feature or indicate to “everyone” in the chat that you would like to speak. Once the facilitator acknowledges you, you may unmute yourself and engage in the discussion.
- Please introduce yourself (name and organization) using the chat.
- If you experience technical issues, “privately” chat Melissa Schoemmell.

MEDICATION ASSISTED TREATMENT  
COMMUNITY OF PRACTICE  
**Taking Stock: Planning for  
Continued Recovery**

*June 11, 2020*



# Purpose of MAT CoP

To promote and support the successful implementation of an integrated MAT approach in healthcare settings.



# MAT CoP Resources

## MAT Google Group

To join discussions about MAT in New Hampshire, email Adelaide Murray at [adelaide\\_murray@jsi.com](mailto:adelaide_murray@jsi.com).

To join the conversation, email [matnh@googlegroups.com](mailto:matnh@googlegroups.com)

## Resources & Tools

Resources to support implementation of MAT programs can be accessed on the Center for Excellence website:

<http://nhcenterforexcellence.org/resources/community-of-practice-resources/>

## MAT Technical Assistance

Submit requests to the Center for Excellence:

<http://nhcenterforexcellence.org/center-services/request-ta/>

**Medication Assisted Treatment (MAT) Resources**

- MAT Community of Practice (CoP)**  
The CoP intends to promote and support the successful implementation of an integrated MAT approach in healthcare settings.  
**Opportunities include:**
  - Group Meetings
    - In-person meetings every other month 2:00pm-4:30pm at the NH Hospital Association, 125 Airport Road, Concord, NH
    - 2019 Meetings: February 14, April 11, June 13, August 8, October 10, December 12
  - Clinical Case Conference Calls
  - Resources & Tools
    - Includes past meeting materials available on the NH Center for Excellence website (<https://nhcenterforexcellence.org/resources/community-of-practice-resources/medication-assisted-treatment-cop-resources/>)
  - Discussion Group
    - Email-based Google Group to share resources and join discussions
  - Technical Assistance

Interested? Contact Adelaide Murray at [adelaide\\_murray@jsi.com](mailto:adelaide_murray@jsi.com)
- MAT Guidance Document**  
Compilation of best practice recommendations and resources for the implementation of MAT (<https://nhcenterforexcellence.org/resources/reportspublications/mat-best-practice-guidance-document-second-edition/>)
- MAT Quality Planning Tool**  
Tool to assess MAT program development and implementation and to inform continual quality improvement. ([http://vluw049k2mx3a7mwzlhv6s-wpengine.netdna-ssl.com/wp-content/uploads/2018/04/FINAL\\_MAT\\_Quality\\_Planning\\_Tool\\_3-30-18.pdf](http://vluw049k2mx3a7mwzlhv6s-wpengine.netdna-ssl.com/wp-content/uploads/2018/04/FINAL_MAT_Quality_Planning_Tool_3-30-18.pdf))
- Buprenorphine Waiver Training**  
Free 8-hour in-person training for physicians interested in seeking their waiver to prescribe buprenorphine for the treatment of opioid use disorders. For physician assistants and nurse practitioners the eight-hour training counts toward the required 24-hour waiver requirement. More information can be found on the NH Medical Society website (<https://www.nhms.org/>)

# Objectives

1. Identify ASAM dimensional assessment considerations related to the COVID-19 pandemic.
2. Recognize strengths and challenges for MAT patients that may have resulted from the COVID-19 pandemic.
3. Discuss various approaches to assessing and working with MAT patients throughout the COVID-19 pandemic.

# Disclosures

*No individuals in a position to control content for this activity have any relevant financial relationships to declare.*

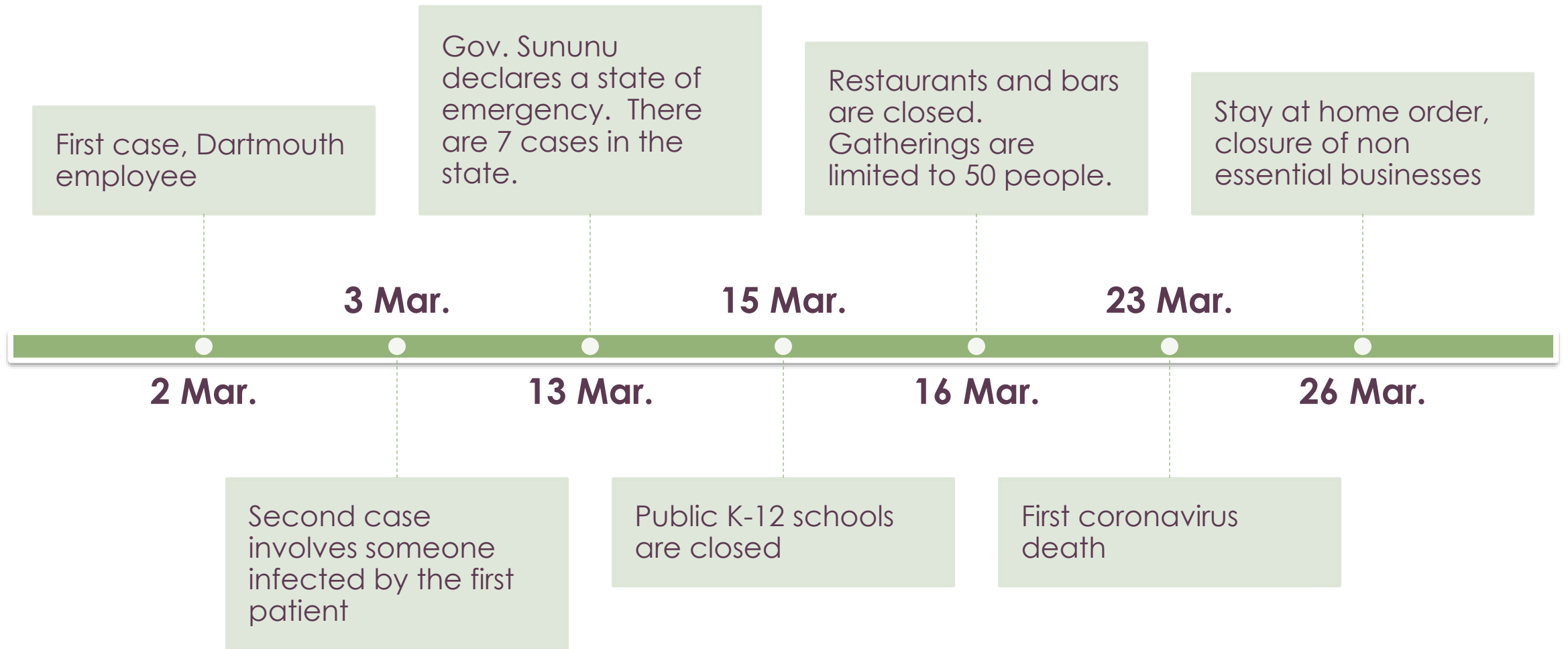
# FRAMING THE CONVERSATION: HISTORY AND PERSPECTIVE

Dan Andrus MS, MPA

Foundation for Healthy Communities



# COVID in NH: A Timeline





# And a reality check

- June 10<sup>th</sup> was 100 days since the first COVID case.
- Time for a reassessment!

# Impact on Patients



Alcohol sales were up 43% in March.



Increase in telemedicine engagement



Perceptions that access to naloxone and to street opioids is unchanged, with considerable divergence of opinion.



Perception that treatment availability has declined.

# Impact on Patients (cont.)

- Impact on harm reduction practices:
  - Are patients endangered by using alone?
  - Are they in a situation with others?
  - Does that environment support recovery?

# ASAM Process

- **Assessing** (patient needs and wants; risks, needs, and strengths in all life areas; diagnoses)
- **Identifying** (severity and level of functioning; life areas driving treatment priorities; focus, target, and specific services for each life area)
- **Providing and evaluating** (intensity and location of services and progress of treatment)

## AT A GLANCE: THE SIX DIMENSIONS OF MULTIDIMENSIONAL ASSESSMENT

ASAM's criteria uses six dimensions to create a holistic, biopsychosocial assessment of an individual to be used for service planning and treatment across all services and levels of care. The six dimensions are:

1	DIMENSION 1	<b>Acute Intoxication and/or Withdrawal Potential</b> Exploring an individual's past and current experiences of substance use and withdrawal
2	DIMENSION 2	<b>Biomedical Conditions and Complications</b> Exploring an individual's health history and current physical condition
3	DIMENSION 3	<b>Emotional, Behavioral, or Cognitive Conditions and Complications</b> Exploring an individual's thoughts, emotions, and mental health issues
4	DIMENSION 4	<b>Readiness to Change</b> Exploring an individual's readiness and interest in changing
5	DIMENSION 5	<b>Relapse, Continued Use, or Continued Problem Potential</b> Exploring an individual's unique relationship with relapse or continued use or problems
6	DIMENSION 6	<b>Recovery/Living Environment</b> Exploring an individual's recovery or living situation, and the surrounding people, places, and things

**THANK YOU, PAUL  
KIERNAN!**

# Dimension 1

## Acute Intoxication and Withdrawal Potential

- Patient education on need for accurate information
- Persons in patient's environment who are capable and appropriate in providing assistance in objective assessment
- Use of standardized assessment instruments (COWS, etc.)

# Dimension 2

## Biomedical Conditions and Complications

- Impact of deferred treatment for medical conditions
- Impact on ability to take protective measures
- Possibility of COVID infection



# Dimension 3

## Emotional, Behavioral, or Cognitive Conditions and Complications

- Changes in anxiety, depression, anger, other conditions
- Impact of financial strain due to job loss or other circumstances

# Dimension 4

## Readiness to Change

- Impact of isolation-stressor or opportunity?
- Self medication for life stressors

# Dimension 5

## Relapse, Continued Use, or Continued Problem Potential

- Access to technology
- Ability to use technology
- Impact of disruption
- Access/availability

# Dimension 6

## Recovery/Living Environment

- Impact of being alone or with others
- Access to support and resources
- Potential or existence of homelessness

**QUESTIONS?**

# CASE DISCUSSION

# Final Thoughts

- Utilize Google Group for questions, event/resource sharing, and discussion!
- 2 CEUs and CNE available
- **NEW remote evaluation process:** please look for an email tomorrow and let Adelaide know if you have any questions.

**Thank you for joining us!**

<p>Rekha Sreedhara, MPH  <a href="mailto:rsreedhara@jsi.com">rsreedhara@jsi.com</a></p>	<p>Adelaide Murray  <a href="mailto:amurray@jsi.com">amurray@jsi.com</a></p>	<p>Melissa Schoemmell, MPH  <a href="mailto:mschoemmell@jsi.com">mschoemmell@jsi.com</a></p>
<p>Peter Ames, MPH  <a href="mailto:pames@healthynh.org">pames@healthynh.org</a></p>	<p>Dan Andrus, MS, MPA  <a href="mailto:dandrus@healthynh.org">dandrus@healthynh.org</a></p>	<p>Regina Flynn, BS  <a href="mailto:Regina.Flynn@dhhs.nh.gov">Regina.Flynn@dhhs.nh.gov</a></p>
<p>Lindy Keller, MLADC  <a href="mailto:Lindy.Keller@dhhs.nh.gov">Lindy.Keller@dhhs.nh.gov</a></p>	<p>Ann Branen, RN, CARN  <a href="mailto:annmbranen@gmail.com">annmbranen@gmail.com</a></p>	<p>Peter Mason, MD  <a href="mailto:peter.mason68@gmail.com">peter.mason68@gmail.com</a></p>

