



# Prevention Community of Practice

## Elevating the Field of Prevention through Connection and Shared Experience: Kickoff Meeting for the Prevention Community of Practice

March 27, 2019

*Questions and Answers*

### Q1. How often will the Prevention Community of Practice be held?

A1. *The CoP will be held every other month on the following days in 2019: May 29, July 24, September 11, November 6*

### Q2. Which kinds of pain relievers are included in the data represented on the slide “Current Misuse of Prescription Pain Relievers”?

A2. *This data can include any prescription pain relievers, but likely it is opioids that will be represented. For information on how this question is worded in the survey tool:*

<https://www.samhsa.gov/data/sites/default/files/cbhsq-reports/NSDUHPillImages2019.pdf>.

### Q3. What is “NDEWS”?

A3. *The National Drug Early Warning System (<https://ndews.umd.edu/>)*

### Q4. What is kratom? How is it used?

A4.

- Kratom derives from a tropical evergreen tree or shrub related to the coffee plant. Native to Southeast Asia, Thailand, Malaysia, and Papua New Guinea. Used by indigenous population historically as a stimulant to enhance stamina and reduce fatigue. Also used in traditional medicine for a variety of conditions including pain.
- Fresh or dried Kratom leaves are chewed or drank as a tea. Less commonly the leaves can be dried and smoked.
- More Information:
  - <https://www.drugabuse.gov/publications/drugfacts/kratom>
  - <https://pcssnow.org/event/follow-up-q-and-a-webinar-kratom-a-substance-of-increasing-concern/>

#### **Q5. What is a methamphetamine overdose?**

A5. There are very rarely single substance overdoses. Methamphetamine can be included with a lot of other substances in an overdose. Keep in mind that stimulants and depressants are frequently used together.

More Information:

- <https://www.dhhs.nh.gov/dcbcs/bdas/documents/topic-brief-methamphetamine.pdf>
- <https://www.drugabuse.gov/publications/drugfacts/methamphetamine>