

Dimension 4  
Severity rating 1

Date	Problem Statement		
12/10/2016	Joe reports that he wants to stop using but is unsure if he can do it.		
12/10/2016	Joe reports that he does not want to stop using cannabis		
12/10/2016	Joe reports that he doesn't know what to do with himself if he changes his life.		
Goals			
Joe will participate actively in Motivational Enhancement Therapy			
Objectives		Target Date	Resolution Date
Joe will attend 4 motivational education sessions		12/10-1/3/16	
Joe will discuss weekly any changes to his motivation		weekly	
Joe will complete decisional balance sheet regarding cannabis use		12/14/2016	
Joe will discuss things he could do besides using during group and individual		Weekly	
Interventions		Target Date	Resolution Date
Staff will provide education		12/10-1/3	
Staff will facilitate processing		weekly	
Staff will review decisional balance sheet		12/15/2016	
Staff will facilitate processing		weekly	
Participation in Treatment Planning Process			
Paul Kiernan LADC, Joe Smith			
Participation by Others in Treatment Planning Process			
Client Signature/Date			
Counselor Signature/Date			

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