

# Tobacco and Vaping

Among Manchester High School Students



96%

of Manchester High School students don't smoke



76%

of Manchester High School students don't vape

Research has identified associations between use of tobacco or nicotine and other problems.

## Marijuana and Vaping

Students who reported using marijuana more than once a day for the last month had

**34x**

greater odds\* of

**VAPING EVERY DAY**

than students who *did not* use marijuana.

\*Odds are frequently used in medical and epidemiological studies to measure the degree and strength of risk factors.

## Bullying and Vaping

Students who reported being bullied online in the last year had

**2.6x**

greater odds of

**VAPING**

than students who weren't bullied.



## Grades and Vaping

Students who reported getting mostly

**Fs**

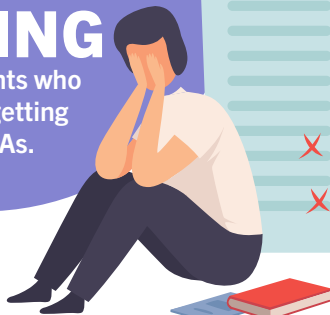
had

**3.6x**

greater odds of reporting

**VAPING**

than students who reported getting mostly As.



## Mental Health and Smoking

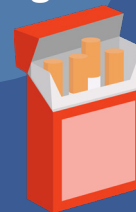
Students who reported attempting suicide in the last year had nearly

**12x**

greater odds of reporting smoking more than

**A PACK A DAY**

than students who reported no attempts at suicide.



**MAKIN' IT** Happen

MakinItHappen.org

Source: CDC. Youth Risk Behavior Surveillance – United States, 2019. *MMWR* 2019; 69(SS-01). CDC. Youth Risk Behavior Surveillance – United States, 2017. *MMWR* 2017; 67(SS-8).

# Resources



## My Life. My Quit.

1-866-488-7386

Text "Start My Quit" to 36072

<https://nh.mylifemyquit.org/>

## Partnership For Drug-Free New Hampshire

<https://drugfreenh.org/>

## Smoke-Free Teen

<https://teen.smokefree.gov/>

## Campaign Tobacco-Free Kids

<https://www.tobaccofreekids.org/>

## National Suicide Prevention Lifeline

Call or text 988

<https://988lifeline.org/>

## NH Rapid Response Access Point

(if someone is experiencing a mental health crisis)

Call or text 833-710-6477

<https://www.nh988.com/>



## Community Compass

<https://makinithappen.org/community-compass/>

Learn more about

**MAKIN' IT** Happen

Follow our journey at [MakinItHappen.org](https://MakinItHappen.org) and on social media!



**NHTAC** New Hampshire  
Technical Assistance Center

[www.nhtac.org](http://www.nhtac.org)



[www.dhhs.nh.gov](http://www.dhhs.nh.gov)

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