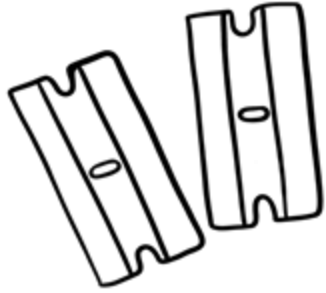




WHAT'S NEW AT NHHRC





WHAT IS HARM REDUCTION?



HARM REDUCTION PRINCIPLES

- Practical strategies aimed at reducing negative consequences associated with drug use
- Social justice movement that respects the rights of people who use drugs
- Accepts that drug use is part of our world and works to minimize harm rather than ignore or condemn
- Understands drug use is complex with a continuum of behaviors and some ways of using drugs are safer than others
- Non-judgmental approach to empower drug users to share info and support each other

**NATIONAL
HARM REDUCTION
COALITION**

HARM REDUCTION PRINCIPLES

- According to Harm Reduction International, Harm Reduction is a **set of evidence-based practices that minimize the negative impacts of drug use and ineffective drug policies**
- Harm Reduction is grounded in principles that **protect human rights and improve public health**
- It incorporates a wide array of approaches, including abstinence, designed to meet people where they are, and offer opportunities for people to improve their health and well-being.

HARM REDUCTION STRATEGIES

- Access to no-cost naloxone
- Syringe Service Programs (SSPs)
- Drug checking strips
- Health care coverage
- Housing-first models
- Evidence-based treatment options
- Criminal justice reform
- Drug policy reform
- Supervised consumption sites
- Safe supply

REDUCE
MORTALITY

SAMHSA'S WORKING DEFINITION OF RECOVERY

“ A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential. ”

NHHRC SERVICES

MOBILE SSPs

- **Queen City Exchange** - Manchester
 - **Knock For Narcan** - Manchester
 - **Concord Exchange** - Concord
 - **Hand Up** - Tri City area (Somersworth, Rochester, Dover)
-
- ✓ Education and training
 - ✓ Advocacy
 - ✓ And all things Harm Reduction!





2024 DATA HIGHLIGHTS FROM NHHRC

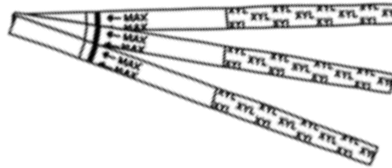


428,776

SYRINGES
DISPOSED

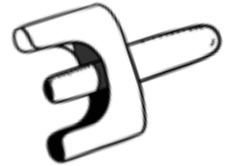
10,000

DRUG CHECKING
STRIPS DISTRIBUTED



938

DOSES OF NALOXONE
FROM KNOCK FOR NARCAN





CONCORD EXCHANGE 2024 DATA HIGHLIGHTS FROM NHHRC

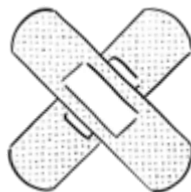


75,384

SYRINGES
DISPOSED

2,000

WOUND CARE
KITS DISTRIBUTED



665

SECONDARY
EXCHANGES





2024 DATA HIGHLIGHTS FROM NHHRC



138,491
SYRINGES
DISPOSED

1,000
SEXUAL BARRIERS
DISPENSED



156
POP-UP
EXCHANGES





< 1ST VAN

2ND VAN >



WHAT'S NEW WITH HARM REDUCTION?

- **Compassionate Overdose Response Summit**
 - New Naloxone dose recommendation
- **Drug Checking programing**
 - NH and beyond
 - Drug Trends across NH and the Nation
- **New high dose Naloxone hitting the market**

NEW OPIOID OVERDOSE REVERSAL DRUGS ON THE MARKET



Opvee (2.7 mg Nalmefene) - 11 hr half life



Kloxxado (8 mg Naloxone) - 2-3 hr half life (estimated)



Narcan (4 mg Naloxone) - 30-90 min half life



Naloxone IM - .2 mg standard dose



WHAT WE WANT: Revive (3mg IN naloxone)

NEW HAMPSHIRE DRUG TRENDS

- Xylazine
- Fentanyl in Stimulants
(We need drug
checking services in
NH to confirm this!)

NO NALOXONE RESISTANT

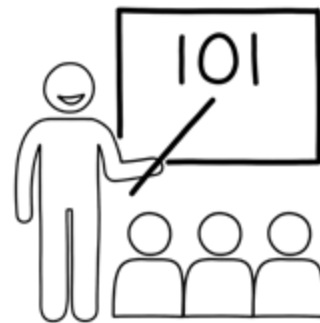
OPIOIDS!

NATIONWIDE DRUG TRENDS

- Summer of 2024 Mystery
Substance BTMPS
- Benzo Uptick in Opioids
- The rise of Nitazenes

TRAININGS AVAILABLE AT NHHRC

- Overdose Response and Prevention
- Naloxone Administration (intranasal and intramuscular)
- Harm Reduction 101
- Syringe Service Program Start Up
- Drug Checking 101
- Drugs 101
- Enhancing Provider Skills (expert video training)
- Harm Reduction Outreach Practices
- **Custom Trainings tailored to your program!**



Mt. Washington
Valley Supports
Recovery.
Conway

LEX
Laconia

H2RC
Lebanon

Concord
Exchange
Concord

GROW
Syringe
Services
Keene

Revive
Recovery
Center
Nashua

Queen City
Exchange
Manchester

Another Day.
Harm Reduction
Manchester

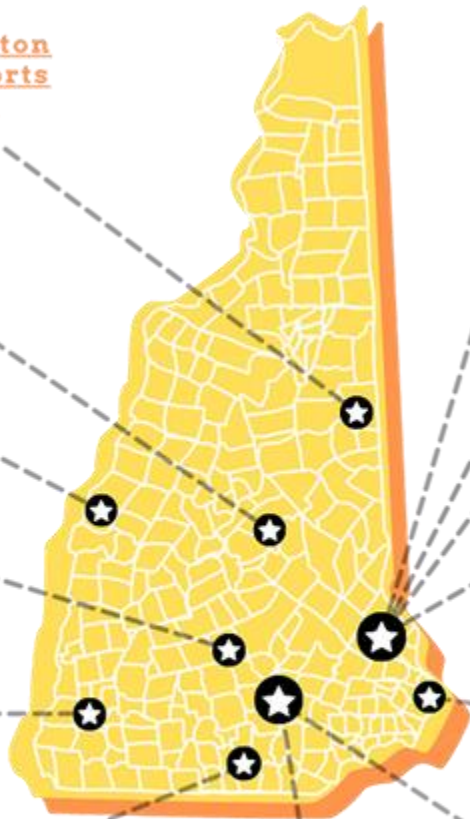
Hand Up
Rochester
Somersworth
Dover

SOS RCO
Rochester
Dover
Hampton

The Doorway
at WDH
Dover

Insubordination
Station
Dover

Portsmouth
Exchange
Portsmouth



REACH OUT FOR A TRAINING



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